

East Valley
Intergroup, Inc.
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# NO BOOZE NEWS

# **LUCK OF THE IRISH**

If you're very far from home and desperate enough, finding a meeting in Ireland can be quite remarkable | by Anon

Life was good. With 18 months in AA, I was doing what I was supposed to do. Making meetings, being active, doing service and feeling grateful. I was sober and I felt I was ready to make a trip back to Ireland and visit my family. I never told them I was in AA because I still had some shame about being an alcoholic. But I went back and all went well. I felt I didn't need a meeting, and I managed. Nobody had to know anything other than I had just stopped drinking.

That trip went so well, I decided to return about a year and a half later. On this second sober trip, one morning I went down to the local store for a newspaper. As I came out, I saw an old schoolteacher of mine crossing the street heading my way and I emotionally went to pieces. He used to love to physically punish me with his swishing cane, as it came down on my 12-year-old fingers. He would also put his hands on my face. One hand held my face steady and the other hand slapped me repeatedly. He was brutal and I feared him more than anyone I ever came across.

My emotions scared me that day. I had rushes of anger and rage. I wanted revenge. I was ready to strike out. For some reason, I turned away and returned to the house and stayed in my room all day, confused, not knowing what to do or who to ask for help. I had no AA contacts or information and only a prepaid cell phone. I felt truly alone.

A while back at a New York AA meeting, someone had shared that he'd gone to a meeting in this part of Ireland. He said it was in this town, up on a hill. I'd forgotten about that meeting on the hill until right then. I knew of one hill in town, so I decided to go there. By the time I got there, it was a cold, wet, dark winter night. The hill was badly lit. Nobody was around, not a soul was anywhere to ask. I waited, hoping I might see people going into a house or down to a basement or something. Nobody. I went down the steps to several basements. I knocked. No answer.

...continued on 2

## page 2

It was getting late so I tried one more basement. It had a black wrought iron gate in front of the door. I rang the bell and the door swung open and a lovely young lady in her slip smiled and said hello. I asked her if there was a meeting there. She said, "What kind of a meeting?"

"An AA meeting," I answered. "What is that?" she asked. I said it was a meeting for people who had a drinking problem. She said she had never heard of such a thing. I thanked her for her time and left.

I went back down the hill to the main street. Colored lights, bars, restaurants, clubs, discos—all places where I used to drink. I began to feel powerless and forsaken as I stood at the bottom of the hill in a daze.

Then all of a sudden, I heard people arguing in the house behind me. Their voices got louder. Just then, their front door swung open and a middle-aged couple emerged. The woman (she might have been a landlady) was shouting at the guy. She said she was sick of his carrying on and he had to stop drinking.

"I can't," he yelled. "Why don't you go to AA?" she asked. "I don't know where it is," he replied.

Without saying another word, she grabbed him by the collar of his long black coat and dragged him up the hill and vanished down into a basement. I walked up slowly in their direction and the lady came back up out of the basement, still angry and unaware of my presence. So I went down the steps and halfway down the drunk guy was coming back up.

I hope he makes it some day. But I made my meeting and I'm still sober. Life is good.

# **Prayer of St. Francis of Assisi**

Lord, make me an instrument of your peace, Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy;

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand:

to be loved as to love.

For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

# **Changes to Our Newsletter**

Beginning in April, as a result of a motion approved by the Groups at the February Intergroup Representative we will be transitioning to a more electronic version of our newsletter. We will continue to mail paper newsletters to our paid subscribers. The cost is \$18 a year to cover printing and postage costs. They will also be available at the office for pick up.

The complimentary subscriptions will now be sent electronically. If you would like to receive a free copy every month in your email box just drop us a line at our website <u>NO BOOZE</u>

<u>NEWS - East Valley Intergroup of Alcoholics Anonymous (aamesaaz.org)</u>. You can even submit stories and other content for future newsletter editions there.

The Gratitude With Service form can be found on the website too. Sign up to volunteer for any of EVI's Standing Committees, such as Special Events, Literature, Unity, or Phone Volunteer. We always need volunteers for our 12th Step call list. 12th Step work can be very challenging yet spiritually rewarding. If you have one year of continual sobriety and are willing and available to contact an alcoholic who reaches out, please volunteer for this most valuable service. The life you save may be your own.



#### From Tradition Five of the 12X12

"'Okay,' he said. 'Give me the business.' "'Well,' said I, 'I think you're just a conceited Irishman who thinks he can run the whole show.' "This really rocked him. But as he calmed down, he began to listen while I tried to show him that humility was the main key to sobriety...

Years later, this tough Irish customer liked to say, "My sponsor sold me one idea, and that was sobriety. At the time, I couldn't have bought anything else."

# Group, District, and Area AA Announcements

# Page4

#### ROUNDUPS, CAMPOUTS AND CONFERENCES

#### WEST VALLEY ROUNDUP

MARCH 22 ~ 24, 2024 LAKE PLEASANT REGIONAL PARK 41835 N CASTLE HOT SPRINGS RD.

#### TRI-STATE ROUNDUP

MAY 16 ~ 19, 2024 LAUGHLIN NV RIVERSIDE RESORT

#### PRESCOTT SHOESTRING ROUNDUP

JULY 26 ~ JULY 28

II E SHELDON ST. PRESCOTT AZ
YAVAPAI COMMUNITY COLLEGE



# 08-820 Quarterly Potluck and Speaker

Saturday, April 13, 2024
5:30pm to 8:00pm
Please bring a dish to share
1050 W Superstiion Blvd.
Apache Junction

PRAASA 2023
Save the Date
March 1 ~ 5, 2023

Los Angeles, CA

# East Valley Intergroup's 45th Anniversary

## Dinner and Speaker Event

Saturday, March 16th, 2024

Doors Open at 5:30pm

Speaker at 7:15pm

1525 N Power Rd. Mesa AZ

(Love of Christ Lutheran Church)



# Meal and a Message

Saturday, April 13th 2024

Doors open at 5:30pm

Speaker at 7:30pm

1525 N Power Rd. Mesa AZ

(Love of Christ Lutheran Church)

(No ticket will be sold at the door.)

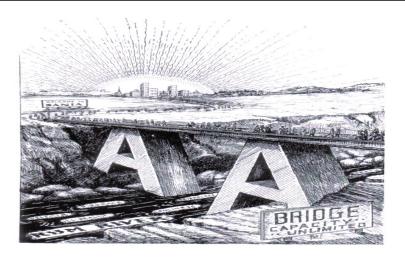
# 2024 Pre-Conference Assembly

April 5 ~ 7, 2024
6555 E Speedway Blvd.
Tucson AZ
(Embassy Suites by Hilton)

# **Sober Anniversaries**

Name		Date
Toni S	3/3/1973	18628
Blair P	3/13/1980	16071
George C	3/5/1981	15706
Howard C	3/7/1983	14976
Edward C	3/15/1985	14245
Ginger R	3/4/1987	13515
Linda C	3/18/1987	13515
Jeff L		
Gabrielle C		
Tracy N	3/17/1992	11688
Kate H	3/27/1994	10958
Stephanie J	3/9/1995	10593
Suzann B	3/18/1996	10227
Rose D	3/15/1997	9862
Eddie Y		
Aaron S	3/27/2001	8401
Gail B	3/7/2002	8036
Laura S	3/11/2002	8036
Don A	3/17/2003	7671
Chris Anne H	3/10/2006	6575
Kristina M	3/3/2008	5844
Kerry K	3/13/2009	5475
Tom S	3/1/2010	5114
Marge M	3/18/2011	4749
Marissa S	3/25/2011	4749
Michelle M	3/31/2012	4749
Barbara M	3/15/2014	3653
Jordan R	3/15/2015	3288
Jessica T	3/28/2015	3288
Tom G	3/12/2016	2922
Josh K	3/15/2016	2922
Danielle D	3/30/2016	2922
Leah Z		
J. J		
Aaron V	3/19/2017	2557
Kaine H		
Allison T		
Kathy H	3/10/2020	1460
Mercedes B	3/1/2021	1096
Kathy P	3/11/2021	1096
Rob F	3/24/2021	1096
Russ J	3/1/2023	365





# Wisdom from the Ages

An old friend of mine who has moved on to the Big Meeting used to say; "If you happen to find yourself back out there remember that sleeping in dumpsters behind donut shops will get you breakfast in bed."

Another long timer of humble means told me he didn't worry about money. Said he had more money than he could spend in the rest of his life,

If he died tonight.

(Incidentally, the word "pigeon"—as applied to an A.A. newcomer or prospect—was probably coined by Dr. Bob himself. "He used that word," said Smitty, and one A.A. recalled that Doc would often announce at a meeting, "There's a pigeon in Room so-and-so who needs some attention.' "Or he might refer to the patient as "a cookie.") — Ed Nyland, Dr. Bob and the

#### **Good Old Timers**

"When you make a mistake, make amends immediately. It's easier to eat crow while it's still warm."

-- Susan C.



# PI / CPC

(Public Information and Cooperation with the Professional Community)

1st Mondays at 7pm.

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

480 827-1905 or email picpc@aamesaaz.org

aamesaaz.org

# EVI Sponsorship Workshop

10am the 1st Saturday of every other month

Check aamesaaz.org for location information
Contact: Position Open

HOST GROUP SCHEDULE

March 5 ~ The Society

**Toin the** 

# **EVI Unity Committee**

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

aamesaaz.org

Contact 480 827-1905

# HELP WANTED - Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office
Call Roxanne for specific
times and days.



\*\*\* Regular Shifts Available

# **EVI Phone Workshop**

Third Friday's at 6:15 pm
Before the monthly business meeting
at



On ZOOM aamesaaz.org

Or

## Workshops can be done at your Group!



For more information Call Tom S.

# Help Wanted

Open service positions at EVI

PI / CPC Chairperson

Sponsorship Workshop Chairperson

**H&I** Liaison

Spanish Liaison

# **EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting
1st Friday of the month
2222 S Price Rd. Tempe
contact: 480 827-1905

# EVI Monthly Speaker Meeting

1st Friday of Every Month 2222 S Price Rd. Tempe (Church of the Epiphany)

Doors open at 7:00pm

March  $1 \sim Upon Awakening$ 

April 5 ~ The Society

These are subject to change - so keep watching.

# Central Office Manager's Report February 16, 2024

January set the year off to a good start. We received several calls from people concerned about theirs or a loved one's drinking. A few even came to the office for information and assistance. Twelve step calls were set up, information on our program and directions to the meetings closest to them was provided. We received 401 requests for information and assistance. Of those 99 calls were for meeting info, 100 were office visitors and, 12 resulted in a 12-step call. Our website stayed busy too. It had 36,514 visits in the last 30 days. Our Google listing received 1,900 views in January with 39 giving us a call, 317 visiting our website and 206 requesting directions to the office.

There are copies of the 2023 Year End Activity Report of your Central Office. Please take a few copies back to your group. This report helps to answer that often-asked question "What does the Intergroup Office do?"

Along with the new year comes our usual spike in calls from those who may be having a hard time with those resolutions to quit drinking. Please consider signing up for the 12 step list and be a hand of AA. Service opportunities are available on all EVI committees and the 12<sup>th</sup> step list. Please take some Gratitude with Service forms back to your group and encourage the members to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service Kim W Central Office Manager East Valley Intergroup

## **EVI CENTRAL OFFICE ACTIVITY**

	.Jan	2024
Meeting Information Calls	99	99
General Information	85	85
Referred to Salt River Intergroup	3	3
Referred to Al-Anon	8	8
Requests for chips/medallions	21	21
12th Step Calls	12	12
Business Calls		
Office Visitors	. 100	100
Meeting lists printed	. 600	7200
Info request via E-mail	42	42
Desk Volunteers-Reg/Sub/None		23/ 3/12
Desk Volunteers-Reg HRS YTD.1	20hrs.	120hrs

#### **Web Stats**

Website Visits last 30 days 36,514 YTD 36,514

Google Searches last 30 days 1,900 YTD 151,900

# **Meeting List Updates...**

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

#### New Meetings:

Gilbert BBSS Group 235 E Guadalupe Rd. Gilbert MO 6:30pm BB, O
Strength in Hope 1770 S Dobson Rd. Chandler TU & TH 6:00am O

#### Changes:

Slay the Dragon \*Moved 501 S. Az Ave. Chandler TU 7:00pm O
There is a Solution 100 N Magma Ave. Superior TU 7:00pm O

#### **Deletions:**

Into Action 2740 E Southern Ave. Mesa MO 6:00p

East Valley Intergroup 1855 E Southern Ave. Suite # 103 Mesa, AZ 85204

Alcoholics Anonymous - Contributions
PO Box 2407

James A Farley Station New York, NY 10116-2407

New York, NY 10163

General Service Office - correspondence PO Box 459, Grand Central Station

Area 03 Treasurer \*NEW\*
PO Box 5629
Scottsdale, AZ 85261

\*Make Check To: AZ Area Committee\*

District 08-818

PO Box 12044 Tempe, AZ 85284

District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 1901 Queen Creek, AZ 85142-9998

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina 2720 E Thomas Rd. B#180 Phoenix AZ 85016

Valleywide H & I PO Box 80126 Phoenix, AZ 85060

#### GSO Example of Group Contributions to A.A. Service Entities

Distribution of funds from groups that

support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services, from the pamphlet Self Support.

# GROUP CONTRIBUTIONS



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GROUP	Jan.	YTD
11th Step Candlelight	<del>-</del>	\$0.00
2121 Beginner Workshop		\$0.00
A Vision For You		\$0.00
ABC Group		
Ad Hoc Online		
Ahwatukee Group Ahwatukee Nooners		
Ahwatukee Saturday Men's		
Ahwatukee Women's Group		
Arbor Daily Noon Group		
As Bill Sees It QC		
Attitude Adjustment CG		
Atitude of Gratitude		
Basic II		
Bloopers		
Bootstrap Men's		
Bottom of the Bottle		
Breakfast Club		\$0.00
Busted Ego		
By The Book		
Chandler Men's Stag		
Chandler Noon Group Chandler Women's Big Book Group		
Common Thread		
Courage To Change		
Dr's Nightmare		
East Phoenix Men's		\$0.00
East Valley Men's Stag		
East Valley Veterans		
Easy Does It Group		
Eye Opener Group		
Feelings and Solutions Fill in the Blank		
Firehouse Meeting		
Florence Group		
Fresh Air Group		
Friday Night BB		
Get In The Car		· ·
Get It TogetherGilbert BB Step		
Gilbert Gals		
Gilbert Group		
Gold Canyon 12 X 12		
Good Ol' Back to Basics		
Good Orderly Direction		
Grateful Girlfriends		· ·
Gratitude Group		
Great Start		
Happy Hour @ Sunbird		
Hidden Valley Seekers		
Hope For Today		
Ladies Lunch Bunch		\$0.00
Last Resort		\$0.00
Life In The Big Book		
Livin Life Women		
Maricopa 12 X 12  Maricopa Group		
Miracle House		
Name In The Hat		
New Beginnings		
New Spirit Group		\$0.00
No Big Deals		
No Name AA Group		
Opportunity Knocks		
Over The Influence Page A Day		
Page A Day Path Less Traveled		

GROUP	<u>Jan.</u>	<u>YTD</u>
Patio Group		
Pioneer Group		
Price Is Right		
Primary Purpose Group		
Progress Rather Than Perfektion		
Province Group		
Putting God First		
Queen Creek Nooners		
Re-Awakening Group		
Renewed Spirit		
Rising Spirit		
Road To Recovery		
Rock Solid		
San Tan Group		
San Tan Men's		
Second Chance Group		
Serenity Now		
Serenity Sisters		
Serious Over Sobriety		
Shade Tree		
Slay the Dragon		
Sobriety is Gold		
Sobriety Rocks		
Society Group		
Some Are Sicker Than Others	•	•
Southeast Valley Stag		
Spirited Women		
Starlight Ranch		
Step By Step Group		
Steppers		
Stepping Stones		
Sunday Night BB Step Study		
Sunday Afternoon Step		
Sunday Serenity Seekers Sunrisers		
Sun Lakes Women Serenity See		
Sunset Group		
Superstition Sunrise Tempe Group		
Tempe Nooners		
Tempe Sunrisers		
The Library		
The Promises		
		•
The Real Thing The Tribe		
The Way Out Group Thursday Night Step Group		
Tuesday Night Steppin Out		
Tumbleweeds Group		
Upon Awakening		
We Ain't Dead Yet		
We Agnostics		
Wednesday Night Winners		
Welcome Home		
West Chandler Men's		
Wolf Pack Group		
Women in Gratitude		
Women in Solution		
*Anonymous Groups		
OTHER GROUPS/COMM		φο.οο
Apache Lake Campout		ባበ በቃ
AZ AA Women's Conf		
Mesa Roundup		
Dist 08-813		
Dist 08-820		
Meal and a Message		
Group Totals		
EVI Committees		
Individual Contribution		
GRAND TOTALS		\$7,635.54
*Group contribution with no group r	name listed)	

# **Financial Statements**

# BALANCE SHEET January 31, 2024

# \* The second sec

# PROFIT & LOSS STATEMENT January, 2024

Assets	
Current Assets Checking Prudent Reserve (Savings) Accounts Receivable	9,345.36 35,760.37 1,356.00
Inventory Asset Undeposited Funds Fixed Assets	24,571.35 48.60
Cash On Hand Office Equip/Furnishings Depreciation	50.00 22,538.00 (-22,538.00)
Total Assets Liabilities & Equity	\$76,158.79
Liabilities Accounts Payable Visa Credit Card Payroll taxes	0.00 110.00
Total Liabilities	\$110.00
Equity Opening Balance Equity Retained Earnings Net Income	43,778.94 31,119.45 1,150.40
Total Equity Total Liability & Equity	\$76,048.79 <b>\$76,158.79</b>

41 Group contributions totaling 7 Individual contributions totaling	\$7,275.54 \$360.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$0.00
Total Contributions	\$7,635.54
Total Income	\$12,073.45
Less total Cost Of Sales	\$2,918.61
Gross Profit	\$9,154.84
Less total Expenses of	\$8,004.44
Net January Gain	\$1,150.40
<u>YTD 2024 Gain</u>	\$1,150.40
The current Prudent Reserve haland	ce is \$35 760 37

The current Prudent Reserve balance is \$35,760.37

The Prudent Reserve has been established for 2024 in the range of \$38,250.00 - \$45,900.00

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, CJ M. EVI Treasurer

#### **Tradition Three**

#### "The only requirement for A.A. membership is a desire to stop drinking."

"No matter who you are, no matter how low you've gone, no matter how grave your emotional complications —even your crimes—we still can't deny you A.A. We don't want to keep you out. We aren't a bit afraid you'll harm us, never mind how twisted or violent you may be. We just want to be sure that you get the same great chance for sobriety that we've had. So you're an A.A. member the minute you declare yourself."

To establish this principle of membership took years of harrowing experience."

### EVI MONTHLY BUSINESS MEETING

#### **East Valley Intergroup Business Meeting Minutes** Friday, February 16, 2024

Roxanne opened the meeting at 7:00pm in person and on zoom with the Serenity Prayer.

#### Attendees:

Ahwatukee Group - Clark S. Ahwatukee Men's - Mike D. Bottom of the Bottle - Darrel T. Breakfast club - Tonita W. Chandler Women's Big Book - Lynnzie Z. Opportunity Knox - Ken C.

Common Thread - Zack D. Courage to Change - Lee Ann W. Dr. Nightmare - Sara S.

Easy Does It - Amy R. Gilbert BB Step Study - Joseph M. Gold Canyon Firehouse - Shane Z.

Online:

Big Book Worms- Kathy M

Price is Right - Ashlev S. Ain't Dead Yet - Chrystal S.

Good Orderly Direction - Ronnie C. Happy Hour, Morning After - Rose M. Life in the Big Book - Dana M.

No Whining - Thomas

Over Tha Influence - Gabe L. Page A Day - Mitch B. Patio Group - Linda S. Price Is Right - Ashley S. Rising Spirit - Stephanie J. Road to Recovery - Jim L.

Patio Group - Linda S.

Serenity Sisters - Angela P Serious over sobriety - Doug W.

Second Chance Group - Eddie C.

Society Meeting - Bob H. Step by Step - James F. Stepping Stones - Bill L.

Sun Lakes Serenity Seekers - Melissa S.

Sunset Group - Melissa L. Tempe Group - Susan M. Tempe Sunrisers - Jerry A. The Real Thing - Megan D. The Way Out - Kaine H. Welcome Home - Don S.

Sunday Afternoon Step Study - David S.

Tempe Sunrisers - Jerry A. Sisterhood of Soluitons Paula D

We Agnostics - Andrew N.

#### Welcome to the new Reps:

Ahwatukee Group - Clark S. Ahwatukee Men's - Mike D.

Ahwatukee Men's Alt. - Michael Breakfast club - Tonita W. Chandler Women's Big Book - Lynnzie Z. Page a Day - Mitch B.

Common Thread - Zack D. Dr's Nightmare - Sara S.

Easy Does it - Amy R.

Globe Canyon Firehouse - Shane Z.

Opportunity Knox - Ken C. Over Tha Influence - Gabe L.

Price Is Right - Ashley S. Rising Spirit - Stephanie J. Society - Bob H.

Sun Lakes Serenity Seekers - Melissa S.

Sunset Group - Melissa L. The Real Thing - Megan D. The Way Out Alt. - Dee P. The Way Out - Kaine H.

#### **Committee and other Trusted Servants:**

Service Position	Name	Present	Service Position	Name	Present	Service Position	Name	Present
Chair	Roxanne B.	Х	Office Manager	Kim W.	Χ	H&I Liaison	open	
Vice-Chair	Ginger R.B.		Chair-Special Events	Roberta E.		Spanish Liaison	open	
Treasurer	CJ M.	Х	Acting Chair-PI/CPC	John V.	Χ	Al-Anon Liaison	Lee R.	Х
Secretary	Linda C	Х	Chair-Phones	Tom S.	Χ	DCM 08-818	Jason C.	Х
Advisor-Special E	Tom C.	Х	Chair-Unity	open		DCM 08-819	Robert S.	Х
Advisor-PI/CPC	Barb Mc.	Х	Chair-Sponsorship	open		DCM 08-820	Carol M	Х
Advisor-Phones	Erika C.	Х	No Booze News	Mike K.		Past Chair	J. J.	Х
Advisor-Unity	Eddie C.	Х	Chair-Literature	Monica S.	X			

Dallas read the Twelve Traditions

Secretary Report - Linda. Written reports in packet. Motion to accept made by Ken - 2nd by Kaine. Passed

Treasurer Report - CJ went over the written report in the packet. A couple corrections made. Motion to accept amended report made by Ken, 2nd by Melissa. Passed

Chairperson's report: Roxanne thanked members who stepped up last month, CJ chaired the meeting, Lynnzie and J. helped

Vice-chair report: Ginger R.B. - Out of town not in attendance. No report.

Office Managers Report: Kim W. went over the written report in the packet.

Folding day will be Thursday, February 22nd at 9am. Come help fold literature, enjoy fellowship, coffee, donuts at the office. Been getting a lot of calls in the New Year - we could use some more volunteers to take 4 hour shifts at the office. There are copies of the 2023 Year End Activity Report of your Central office. Please take

a few copies back to your group. This report helps to answer that often asked question "What does the Interfroup Office do?"

Standing Committee Reports:

PI/CPC: Open. No report.

Special Events: Roberta - Not present. No report.

<u>Phone Committee:</u> Tom S. There are 41 after hour shifts with 7 open shifts and will have filled. Co-chair stepped down. Currently working solo and is looking for co-chair. If interested, contact Tom S. tdscotney@yahoo.com

Unity Report: position open

Sponsorship Workshop: position open.

No Booze News: Mike not present.

Literature Committee: Monica S. presented written report in the packet.

Liaison Reports:

Al-Anon - Lee R.- the next Family Recovery Night will be February 24th 5:30pm to 9:00 pm @ Church of the Ephiphany March 9th8:30 am - 12:00 noon @ Church of the Epiphany, midmorning Brunch Break included, Literature table-50/50 raffle. Hybrid meeting. For more info contact Mary S. district13@al-anon-az.org State Al-Anon Convention will be in Prescott June 28 - 30th. Get in the car is looking for new officers.

H&I: position open

Spanish - position open

Sub Districts:

08-818 - Jason - Stated participation is up. Jason is the new DCM for 2024/2025. They meet 2nd Tues every month at Bloopers. Jason if your group does not have a GSR and you want more info on this. Jason 480-389-7739

08-819 - Robert S. Meet at the EVI Office the 2nd Thursday of the month @ 7pm. 7 GSR reps of this district attended.

08-820 - Carol M. All service positions are filled. Service Workshop coming up on Feb 17th. Will be having a dinner April 13th

#### **Old Business:**

Intergroup Inventory - Roxanne informed the group that the SC is still working on it and will present a formal inventory in March

Motion to reduce mailing cost of the newsletter was voted on Yes-33+12=45 opposed 6, Heard opposing arguments, no changed votes.

#### **New Business:**

THE WAY OUT made a motion to stop using the hybrid format for out monthly business meeting.

Motion to vote tonight on the the Business meeting eliminate the Zoom portion and no longer be a Hybrid meeting vote this evening, Did not pass. Reps to get a group conscience from their home group and will vote next month.

Announcements: None

At 8:03 Gary made a motion to close, Ken 2nd Closed with the Responsibility Declaration.

Thank you for allowing me to be of service,

Linda Carroll EVI Secretary 312-730-3030 LLCarroll.AZ@gmail.com

# Alcohol Knows No Borders | By Jose D.

I first came to the U.S. when I was 16 years old. My sisters were here for a few years already. When I got here they had a place and a job for me. My older sister said to me, "Look José, you are responsible for your acts and no one else. If you want to eat, you will have to cook yourself. If you want to wear clean clothes, you will have to wash them. And of course rent and food, you will have to pay that before anything else. After that, you are a free man."

I had not seen my sister for a long time, so I was surprised she talked to me that way, but I liked it. I love the idea of being free, the idea of not having to tell anybody what I'm doing. I drank alcohol in Mexico, and things were completely different. Now I was going to be responsible—at least for the next few years. No hangovers, no absences from work, no troubles with the law.

At 18, I got married. That didn't last long. We separated after a year, and my drinking got worse. I'm not sure what happened to the next 10 years of my life. All I can remember was it led me to hell. I did not notice I was completely locked inside a very dark place, not able to see anything or anybody, with ups and downs that took me from euphoria to trying to kill myself. Sometimes I would be king of the world and sometimes the worst person on earth.

The last year before AA, my whole world collapsed and I gave up everything else. I abandoned myself to alcohol for one whole year. Before anything got any worse, I hit bottom. When I got to the recovery house, I knew I was completely defeated by alcohol.

When I was introduced to AA, I was scared, but very curious. I knew it was my last chance, and I took it. I moved to San José, Calif., to a rehab center. My plan was to stay three months, but for some reason I'm still here and I love it. I'm clean, sober and happy. I have principles in my life today and the words homegroup, service, sponsor, sponsee, general service, agenda, topics and delegate. I can go on and on, but the basic idea is still the same: Keep it simple, one day at a time.